



**90 tablets**

All CaliVita® products are manufactured from the highest quality natural raw materials. Manufacturing takes place under the most stringent conditions in accordance with Good Manufacturing Practices to ensure you have purchased the highest quality food supplement available.

**Keep out of reach of children.  
Keep tightly closed in a cool, dry place.  
Do not use if safety seal is damaged or missing.**

100% Satisfaction Guaranteed.

Manufactured with:  
**Perfect Nutrition®**  
225 Episcopal Road  
Berlin, CT 06037 USA

Exclusively distributed worldwide by:  
**CaliVita® International**  
[www.calivita.com](http://www.calivita.com)

**CaliVita®**  
INTERNATIONAL



# Full Spectrum

## Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value	Amount Per Tablet	% Daily Value		
Beta Carotene	1500.0 I.U.	10	Rutin	4.0 mg	*
Vitamin E	7.0 I.U.	23	Lemon Bioflavonoid	4.0 mg	*
Vitamin C	60.0 mg	100	Complex		
Vitamin B1	1.0 mg	67	Hesperidin	2.0 mg	*
Vitamin B2	1.1 mg	65	Complex		
Niacin	10.0 mg	50	Iodine	80.0 mcg	53
Pantothenic Acid	5.0 mg	50	Calcium	187.0 mg	19
Vitamin B6	1.2 mg	60	Iron	4.0 mg	22
Folic Acid	200.0 mcg	50	Magnesium	25.0 mg	6
Vitamin B12	1.0 mcg	17	Copper	1.5 mg	75
Choline	20.0 mg	*	Zinc	10.0 mg	67
Inositol	20.0 mg	*	Chromium	25.0 mcg	21
Para-Amino	5.0 mg	*	Selenium	20.0 mcg	29
Benzoic Acid			Manganese	3.0 mg	150
Biotin	40.0 mcg	13	Molybdenum	10.0 mcg	13
Calorie	5.15 kJ		Carbohydrate	0.00 g	
Fat	<1.00 g	0.0*	Protein	0.00 g	

\* Daily Value not established.

† Percent Daily Values are based on a 2,000 calorie diet.

**Other ingredients:** Microcrystalline cellulose, calcium sulfate, potassium gluconate, croscarmellose sodium, stearic acid, magnesium stearate, silica, pharmaceutical glaze, talc.

**Product color may slightly vary due to natural changes of ingredients.**

**Directions:** Take 3x1 tablets daily or as directed.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Best if used by:  
see packaging

